

ARTS AT THE CENTER

Virtual Workshop: STARTING AN ART JOURNAL: FREE-FORM DOCUMENTATION with ALICE PENNES

Workshop Description:

Starting an Art Journal: Free-Form Documentation

Sunday, February 7, 2021, 10:00am-12:00pm PT / 1:00pm-3:00pm ET

An art journal is a way to document time -- sharing with the pages your grief, joy, anger, and hope -- and also the mundane and beautiful aspects of life. The pages may not all be “good-looking” but they may help you sort through these days and months that seem to run together. This workshop will show you how to build a dynamic journal page and document your experience living through this unprecedented time. We will focus on layering different materials, techniques to disguise and highlight your writing, finding unexpected beauty and as always letting go of perfection when working in your journal. We will discuss how to use your journal to make the best of small moments of time to yourself and how to use your journal in a non-linear way. We will also cover what you can do with very basic materials. Open to beginners and more experienced journalers alike.

Supply List:

- Journal or Book
 - It is important to have a journal with mixed media or watercolor pages and not loose leaf pages for this class – if at all possible. Having a journal removes some of the pressure of needing to “finish” something or make it “beautiful.” Ranger Mixed Media Journal is the one I used in the photos for this class.
 - [Ranger Ink Standard Square Dylusions Creative Journal](#) (This link is for the square one.)
 - They also should have some at Fine Line, our local art supply store here in Sonoma.

- Paper scraps
 - Here is a kit you can get from a Black woman-owned business. These kits are amazing and would work great for this class. [Paper Pattern Collage Kit – e bond](#)

 - You may already have all the scraps you need- different patterns, textures, book pages, magazine images. Whatever you can find. I also like to just have scraps of different weights of paper – like cardstock, or tissue paper from packaging or kraft paper.

- Glue stick, Elmer’s or the like
- Washable markers or Stabilo pens
- Paint brush – Pentel water brush is ideal so you can work anywhere!
- Black extra fine point Sharpie or Micron Pen
- Pencil
- White gel pen. I especially like using a white “soufflé” gel pen.
- Old credit card, hotel room key or gift card
- ~ what else do you have? Crayons, oil pastels, colored pencils, glitter pens, paint pens, watercolor medium - whatever you have already is a great addition!
- Optional:
 - Washi tape
 - 2-3 matte acrylic colors
 - White Gesso

Sonoma Community Center

www.sonomacommunitycenter.org

Jill Valavanis, Fine Arts Coordinator: jill@sonomacommunitycenter.org

Alice's Website:

<http://www.alicepennes.com/>

Alice's Social Media:

Instagram: <https://www.instagram.com/butterflyal/>

https://www.instagram.com/luminescent_souls/

Where to buy Alice's work:

Etsy: <https://www.etsy.com/shop/avenuesoartistry>

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Instructions for Virtual Zoom Workshops

Before the workshop:

- Please download Zoom -- it's free. **You need to make an account ahead of time.** Test it out with a friend. You'll be ready when it's time to sign in for the class.
- <https://zoom.us/>
- It's easiest to use on a desktop or laptop computer but you can also use your phone or iPad/tablet.
- Use the Zoom link and password for this class that was sent to you in your ticket confirmation email seconds after you registered.

How it will work:

- We (the host and the instructor) will sign on about 10 minutes prior to the meeting to say hello and make sure everyone has time to get settled and troubleshoot any technical issues.
- Once we start, we will mute all your microphones so that it's easier for the instructor to communicate. We will use the '**Chat**' feature to field your questions while the workshop is underway. The host will relay the questions to the instructor as we go along and especially during the last segment of the session.
- If there is not a host present, feel free to interact with the instructor as they guide you through the class.

Other Considerations:

- You may choose to simply watch the video and take it in rather than try the techniques simultaneously. In fact, it may be more valuable to watch and take notes. Your virtual workshop will be recorded -- you'll receive an email after the session containing a link to the recording. Then you'll have two weeks to watch and practice as much as you want!
- Zoom workshops are new to us too! Please be patient if we hit any snags.

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