

# ARTS AT THE CENTER

**Virtual Workshop:  
DRAWING AND BRAIN EXERCISES  
with COLLEEN GIANATIEMPO**

Workshop Description:

**Drawing and Brain Exercises with Colleen Gianatiempo**

Saturday, June 12, 2021, 1:00pm-3:00pm PT / 4:00pm-6:00pm ET

Learn exercises that will stimulate new neural pathways and use them as building blocks to help you to learn to "draw what you see, not what you know"! Let's get rid of old programming and stimulate your brain!

Supply List:

See attached

Colleen's Social Media:

Website: <http://www.gianatiempogallery.com>

Instagram: <https://www.instagram.com/gianatiempofineart/?hl=en>

Sonoma Community Center

[www.sonomacommunitycenter.org](http://www.sonomacommunitycenter.org)

Jill Valavanis, Fine Arts Coordinator: [jill@sonomacommunitycenter.org](mailto:jill@sonomacommunitycenter.org)

## Instructions for Virtual Zoom Workshops

### Before the workshop:

- Please download Zoom -- it's free. **You need to make an account ahead of time.** Test it out with a friend. You'll be ready when it's time to sign in for the class.
- <https://zoom.us/>
- It's easiest to use on a desktop or laptop computer but you can also use your phone or iPad/tablet.
- Use the Zoom link and password for this class that was sent to you in your ticket confirmation email seconds after you registered.

### How it will work:

- We (the host and the instructor) will sign on about 10 minutes prior to the meeting to say hello and make sure everyone has time to get settled and troubleshoot any technical issues.
- Once we start, we will mute all your microphones so that it's easier for the instructor to communicate. We will use the **'Chat'** feature to field your questions while the workshop is underway. The host will relay the questions to the instructor as we go along and especially during the last segment of the session.
- If there is not a host present, feel free to interact with the instructor as they guide you through the class.

### Other Considerations:

- You may choose to simply watch the video and take it in rather than try the techniques simultaneously. In fact, it may be more valuable to watch and take notes. Your virtual workshop will be recorded -- you'll receive an email after the session containing a link to the recording. Then you'll have two weeks to watch and practice as much as you want!
- Zoom workshops are new to us too! Please be patient if we hit any snags.

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# Drawing Workshop Supply List

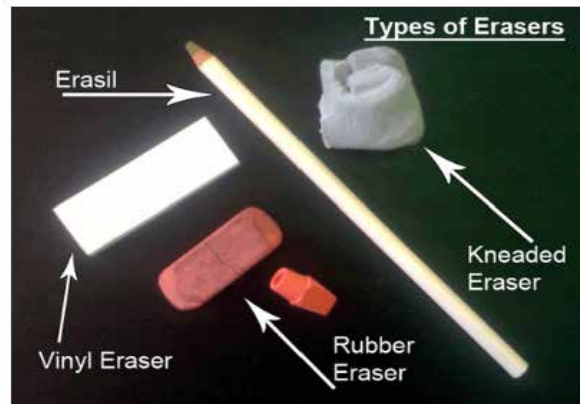
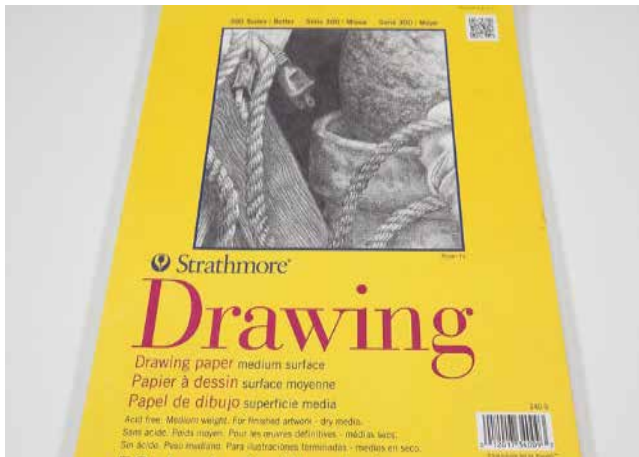
## Graphite Pencil: Recommend: 2B



Alphanumeric designation

**Paper: Strathmore  
Drawing 300 Series**

**Kneaded Eraser because  
part of drawing is erasing**



**Sakura Pigma 30067 Micron  
Blister Card Ink Pen Set, Black,  
8/Set**

