

Dance Studio Policies and Guidelines

Welcome! Just a few best practices that your instructors would like to share with you so we can all enjoy and have a happy and safe experience.

Dress Code: Dance shoes, ballet slippers or barefoot. Please no socks (grippy kind ok) or just tights as the floor can be slippery. **Creative Movement & Ballet/Jazz Dance :** Comfortable clothing such as leggings and sweats or dancewear such as leotards, skirts, skirted leotards and tights (with shoes). Dance shoes, ballet slippers or barefoot. Please no pajamas and large tutus in class. Please pull hair off of face. Dress in layers as it can go from chilly to warm. Being dressed and ready for class is part of the experience and encourages focus and participation.

Punctuality and Attendance: Please arrive in plenty of time to prepare yourself or your child for class. Now is a good time to use the restroom and feel relaxed to come into the studio. Warming up is a vital part of class to prevent injury and to make sure dancer's bodies are ready for movement. Afterall, we only have a small amount of time together so let's make the most of it! There are no refunds or prorated for missed classes.

Parent Viewing Opportunities: We understand that very young dancers can be shy and nervous at the beginning so if parents wish to observe class, they may peek into the door. The door will be cracked for this reason but we also like students and teachers to have the opportunity to interact without interruption as this encourages independence and focus. Co-teaching is not allowed if your child is in an independent class. Please refrain from speaking loudly and taking cell phones in the immediate lobby.

Inside the Studio: We will cover the studio basics with your children but we ask that food and drink does not come into the studio. We have cubbies in the lobby so they may bring their water bottles. Restrooms are located on the second floor by the front entry stairs. We will review with them about the space and the respect of the ballet barres. All children of any age cannot hang on the barres or slip behind them for safety reasons.

Due to COVID: Mask are optional for class and in Sonoma Community Center. Try using a mask that will be more appropriate for exercise and if needed children can come out of the studio quietly at any time to take a breathing break. Staff and teachers at the Community Center have shown proof of vaccination, we will have the upper part of the windows open so dress in layers as it can be cool in the morning. We will also have a fogger sanitizing between classes as well as hand sanitizer available.

Enough of what we can't do - what we CAN do is bring the good vibes and fun and have a great time in class! Reachout to us directly if you have any questions or concerns.
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