

## Dance Studio Policies and Guidelines

Welcome! Just a few best practices that your instructors would like to share with you so we can all enjoy and have a happy and safe experience.

**Dress Code:** Dance clothes of any color. Dance shoes suitable for class, ballet slippers, grippy socks, barefoot and tap shoes or tap slip ons for Tap Class.

**Creative Movement, Ballet/Jazz Dance and Tap Dance :** Comfortable clothing such as leggings and sweats or dancewear such as leotards, skirts, skirted leotards and tights (with shoes). Dance shoes, ballet slippers, grippy socks, barefoot or Please no pajamas and large tutus in class. Please pull hair off of face. Dress in layers as it can go from chilly to warm. Being dressed and ready for class is part of the experience and encourages focus and participation.

**Punctuality and Attendance:** Please arrive in plenty of time to prepare yourself or your child for class. Now is a good time to use the restroom and feel relaxed to come into the studio. Warming up is a vital part of class to prevent injury and to make sure dancer's bodies are ready for movement. Afterall, we only have a small amount of time together so let's make the most of it! There are no refunds or prorated for missed classes.

**Parent Viewing Opportunities:** We understand that very young dancers can be shy and nervous at the beginning so if parents wish to observe class, they may peek into the door. The door will be cracked for this reason but we also like students and teachers to have the opportunity to interact without interruption as this encourages independence and focus. **Co-teaching is not allowed if your child is in an independent class.** Please refrain from speaking loudly and taking cell phones in the immediate lobby.

**Inside the Studio:** We will cover the studio basics with your children but we ask that food and drink does not come into the studio. We have cubbies in the lobby so they may bring their water bottles. Restrooms are located on the second floor by the front entry stairs. We will review with them about the space and the respect of the ballet barres such as refrain from hanging. All children of any age cannot hang on the barres or slip behind them for safety reasons.

Enough of what we can't do - what we CAN do is bring the good vibes and fun and have a great time in class! Reach out to us directly if you have any questions or concerns. Molly Spencer, Programming Director (707) 938-4626 or [molly@sonomacommunitycenter.org](mailto:molly@sonomacommunitycenter.org). Reach out directly to your teachers for contact information.